

CORNS, CALLOUSES, WARTS

Level II
(No Level I)

Skill Level: RN

Definition: A benign circumscribed area of hyperkeratosis (thickening) of the skin due to pressure, friction or virus.

<p>Subjective:</p> <ul style="list-style-type: none"> • Pain described as dull and constant or sharp when pressure applied. • Feels like I have a rock in my shoe. • I have a wart, corn or callous I want removed. 	<p>Assessment:</p> <ul style="list-style-type: none"> • Impaired skin integrity - Corn, Callous, Wart. • Risk for impaired mobility.
<p>Objective:</p> <ul style="list-style-type: none"> • A thickening over the weight bearing area or a bony prominence which are not well demarcated (callous). • A flat or slightly elevated circumscribed lesion with a keratinous core (corn). • Elevated circumscribed firm lesion somewhat scaling gray, brown or flesh color variable size. May be solitary or in clusters. (wart) 	<p>Plan:</p> <p>At nursing discretion may use any of the below:</p> <p>SELF CARE:</p> <ul style="list-style-type: none"> • If under one inch and does not impair mobility, no treatment is necessary. • Instruct patient to scrub calluses with a washcloth in the shower, then may apply Vaseline from canteen. <p>NURSE CARE:</p> <ul style="list-style-type: none"> • If the area in question is not extensive and does not interfere with mobility, no further action is necessary. Notify the patient. • If the wart, corn or callous interferes with mobility, may apply Karyolytic plaster agent, e.g., Duofilm, to affected area as directed for 12-24 hours, avoiding healthy skin. Patient to remove and moisten area with warm water then remove softened tissue by rubbing with a towel, or emery board. May repeat application daily x up to 3 weeks. • If patient is diabetic or has other circulatory problems, refer to practitioner.

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APPROVED:

Medical Services Manager


Date

Chief Medical Officer

Date



Medical Director



Date

Effective Date: _____
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