

**SKIN INFECTIONS, FUNGAL**  
(Dermatophyte)

Level I

**(If subjective data sufficient, no exam is necessary.)**

**Skill Level:** RN

**Definition:** External body, non-mucosal, superficial skin infection with common yeast or fungal elements. (Describe)

<b>MILD</b>	
<p><b>Subjective:</b></p> <ul style="list-style-type: none"> <li>• "I have athlete's foot; jock itch" or</li> <li>• "I have an itchy, burning rash between my toes; in my groin".</li> <li>• The involved area is limited, non-tender, non-swollen.</li> <li>• May have prior history of successful treatment with Tolnaftate.</li> </ul>	<p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Alteration in skin integrity.</li> <li>• Mild athlete's foot/groin rash.</li> </ul>
<p><b>Objective:</b></p> <ul style="list-style-type: none"> <li>• No obvious rash, excoriation.</li> <li>• Area may be reddened from patient scratching</li> <li>• Skin integrity intact.</li> <li>• No bacterial infection, pustule, etc.</li> </ul>	<p><b>Plan:</b> <b>Patient education and self-care items for this protocol include:</b></p> <ul style="list-style-type: none"> <li>• Anti-Fungal foot cream like Tolnaftate.</li> </ul> <p>At nursing discretion may use any of the below:</p> <ul style="list-style-type: none"> <li>• Education regarding hygiene, prevention, and care and chronic/recurrent nature.</li> <li>• If symptoms are not resolving, refer to Level II protocol.</li> <li>• Any discomfort, swelling, drainage, inflammation or progressive involvement of more area requires Level II protocol.</li> <li>• Diabetes and Immuno-suppressive Disease Processes requires use of Level II protocol.</li> </ul>

**Skin Infections, Fungal (Dermatophyte) - Level I**

<b>(Tinea Versicolor)</b>	
<p><b>Subjective:</b></p> <ul style="list-style-type: none"> <li>• I have these spots on my chest/back and they are spreading.</li> <li>• "Weird tanning pattern".</li> <li>• Prior history of similar findings.</li> </ul>	<p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Alteration in skin integrity</li> <li>• Tinea Versicolor</li> </ul>
<p><b>Objective:</b></p> <ul style="list-style-type: none"> <li>• Round or oval, slightly scaly lesions on upper trunk/back with pigmentation changes of small 1-2 cm lesions, numerous in number. Lesions may overlap and give irregular appearance.</li> <li>• Diffuse rash is possible.</li> </ul>	<p><b>Plan:</b>  <b>Patient education and self-care items for this protocol include:</b></p> <ul style="list-style-type: none"> <li>• Patient education regarding slow resolution and reoccurrence are common.</li> <li>• "Sulfa 8" shampoo or similar from canteen.</li> </ul>


**APPROVED:**

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 Medical Services Manager

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 Date

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 Chief Medical Officer

\_\_\_\_\_  
 Date

  
 \_\_\_\_\_  
 Medical Director

7/28/09  
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 Date

Effective Date: July 2009  
 Revised: June 2009