

## Coffee Creek Correctional Facility Programs & Services

### Education

Inmates are assessed using the Comprehensive Adult Student Assessment System (CASAS) tests to determine education needs.

- Adult Basic Education (ABE) – Adult basic skill development in math, reading and writing. Pre-GED level classes, as well as life skills.
- GED Preparation Classes (GED) – Preparation in writing, literature, science, social studies and math. GED testing is done regularly.
- Computer Lab – Computer Literacy classes and keyboarding. Self paced classes in Microsoft Office including Word, Access, Excel, and Power Point. Also an integrated, learning system with lessons in math, reading, writing, science and social studies and career development training.
- English as a Second Language – Tutoring program for ESL qualified inmates to assist them in learning and improving English speaking and writing skills.
- Goodwill Job Connections – Goodwill Industries program in the Minimum Facility twice a month on job searching with a criminal record, job training and job placement services.
- Mercy Corp Business Development Program – Program to prepare and support inmates for self-employment and small business ownership.
- Prison Inside-Out – Provides an opportunity for a group of students from Portland State University and group of residents from Coffee Creek Correctional Facility to be in a college level class together inside the institution.
- Write Around Portland (WRAP) (Minimum Only) – Creative writing, short stories, poetry writing and journal writing.

### Work Based Education

- Computer Technology Lab (Minimum Only) – An 18-month long program that teaches inmates how to operate, troubleshoot, and maintain a personal computer, as well as gain skills in programs such as Word, Excel, FrontPage (web page development), and Access (database program). MOS (Microsoft Office Specialist (national certification) and IC3 certification.
- Hair Design (Medium Only) – Work based program providing an opportunity for inmates to become licensed cosmetologists.
- Eyeglass Recycling (Minimum Only) – Work based program partnering with Lions Club to recycle used eyeglasses to be sent to third world countries. Training in opticianry. Dispensing Optician certification.
- Barista Training (Minimum Only) – Work based program providing inmates an opportunity to learn small business and customer service skills while becoming “Baristas” at the CCCF Coffee Cart.

### Work Programs

- Off-Site Work Crews (Minimum Only) – Inmate labor for revenue producing work crews with local governments, State Parks, ODOC Central Distribution, etc.
- Institution Work (Food Service, Orderlies, Custodial, Maintenance, Landscaping, etc.) – Inmate labor for essential institution operations.

## **Oregon Corrections Enterprises (OCE)**

- DMV Call Center (Medium Only) – Inmates work for the Oregon Department of Motor Vehicles answering phones and addressing general questions about DMV services and requirements.
- Printshop (Medium Only) – Inmates learn skills in all areas of the printing industry, including typesetting the form, printing, bindery, and customer service skills.
- Digital Scanning (Medium Only): Inmates scan paper documents and convert them into an electronic format; set-up file naming conventions and bookmarking formats for scanned documents.

## **Cognitive Based Programs**

- Pathfinders – Program (135 hours) includes facilitation and discussion on communication skills, teambuilding, anger management, problem solving, stress management, values, motivation and decision-making.
- THINK – Class (45 hours) that focuses on criminal thinking and criminal behaviors. It promotes inmate awareness to harmful values and thinking patterns that underlie destructive criminal behaviors.
- Pathfinders Support Group – Weekly, ongoing class open to all graduates of Pathfinders, Breaking Barriers, Thinking For Change and Parenting

## **Addictions**

- Turning Point – An intensive residential therapeutic treatment program in the Minimum Facility for women with identified chemical dependency and criminality issues. The program helps women identify where they are in their own change process and supports them developing a range of recovery skills. Learning about addiction relapse & recovery is accomplished through ongoing information /support groups, assessment, community support meetings, family therapy and individual counseling. Co-occurring mental and physical health issues are addressed as well. Transition and relapse prevention planning begin at program admission.
  - Alternative Incarceration Program (AIP) – Turning Point is part of the AIP program, which admits women with ten months to three years left on their sentence. Following a minimum of 6 months in the program, the AIP participants may have a 90 day transitional leave which also includes a 14 hour daily schedule of recovery focused activities. The regular program admits women with the highest need for substance abuse & criminality (Special Case Factor-25's) with 6-9 months left on their sentence. The 14-hour daily schedule of evidence-based best practices activities is consistent for both AIP and the Regular SCF-25 Program.
- Self Help Programs (AA, NA, Al-Anon, GA) – Weekly Alcoholics Anonymous and Narcotics Anonymous meetings for inmates in the correctional setting. Monthly Al-Anon meetings are provided. Weekly Gambler's Anonymous classes are also provided.

## **Mental Health Services**

- Basic Mental Health Services – All inmates are screened for mental illness. Mental health counselors are available for individual and group treatment of severe and persistent mental illness.
- Mental Health Infirmary – Quality treatment services provided in a safe and structured environment to inmates, who, due to mental illness and /or acute emotional disturbance,

are behaving in a way as to endanger themselves or others, or are unable to provide for their basic needs.

- Connections – Six-month program that provides day treatment services to developmentally delayed inmates. Program addresses 11 areas: criminality, thinking, anger, brand new you, relationships, communication, health, mental health, addictions, work, and parenting. Limited transition services are also provided.
- Dual Diagnosis Anonymous (DDA) – A bi-monthly support group based on an authorized version of the 12 steps of Alcoholics Anonymous plus an additional 5 steps that focus on dual diagnosis (mental illness and substance abuse).
- Mental Health Housing Unit – This is a housing unit designated for inmates who have been identified as having a mental health diagnosis and who would benefit from a more supportive community environment. Thirty-six of the inmates on this unit are eligible for Day Treatment, which includes individualized treatment plans and increased access to case management as well as individual and group therapy.

### **Health Services**

- Risk Reduction Classes (Smart Start Program) – Educational classes for inmates who will be reentering the community within 3-6 months. The program focuses on reduction of the risk behaviors that are associated with the transmission of HIV/HEP C and other blood borne pathogens, and it also includes information on contraception use. Smart Start Packages containing contraceptive items are given to all inmates upon release.
- HIV/HEP C Pre and post test counseling – Counseling is provided to all inmates who are referred or request HIV/HEP C testing. Counselors assess the need/appropriateness for the tests, assure informed consent, and provide education about blood borne pathogens and ways to reduce the potential for risk behaviors.
- Cancer Support Group – Provides emotional support and education in situations dealing with the diagnosis and treatment of cancer.
- Pre-Natal Education – Class meets once a month for pregnant inmates, focusing on pre-natal issues.
- Hospice Program – Inmates voluntarily sign up for the hospice program

### **Library Services**

- General Reading Library – The general reading library houses 7500 titles, all of which have been donated by community members.
- Law Library – The law library provides inmates access to laws and research materials in order to do research on their own cases. The law library handles approximately 1800 service requests each month.
- Portia Project – The Portia Project was formed in 2002 for the purpose of providing legal and other assistance to incarcerated men and women in Oregon. Through the Portia Project, University of Oregon law students provide a divorce class to inmates in both medium and minimum twice a year to assist those women in the legal aspects of the divorce process.
- Book Club – Inmate participants select two books each month that they read and discuss.

### **Parenting & Family Programs**

- Parenting Inside Out – Parenting training class (108 hours) that specifically teaches effective parenting skills to incarcerated parents. Topics include emotion regulation, child development, communication, problem solving, positive involvement, skill

encouragement, limit setting, child health and safety, common child problems, taking care of adult relationships, preparing for transition home, and a class graduation.

- Girl Scouts Beyond Bars – Girl Scout program that meets twice a month at Coffee Creek and occasionally off-site to deliver special programs. Inmate mothers participate in Girl Scout training and leadership development meetings twice a month. The girls and their incarcerated mothers participate in structured activities at the correctional facility which help to re-establish the parent-child relationship, reduce the incidence of risky behaviors and reduce the cycle of intergenerational incarceration. (Minimum & Medium Facility)
- Cub Scouts – Cub Scout program for boys of inmates mothers at CCCF, ages seven through ten (cub scout). Meets two Saturdays a month at CCCF (Minimum Facility Only). Scouting volunteers come in and provide an opportunity for moms and their sons to work through the scouting badges. The program is supported through community donations for supplies. Each of the boys gets his scout shirt and badges as he earns them.
- Early Head Start Program – Child Development Program for inmates and their children ages 0-3 years. Incarcerated mothers and their eligible children spend time two days a week together in a classroom setting. Activities with program staff are designed to strengthen and enhance the mother-child relationship and the caregiver-mother relationship in preparation for the mother's release. Comprehensive services include education, health and nutrition for children, family support services to mothers and caregivers as the primary educator of the child, transition planning for the child upon the mother's release. Staff also provide monthly home visits to caregivers to bridge the relationship between the incarcerated parent and caregiver. (Minimum Inmates Only)
- Family Preservation Project – A partnership between Portland Community College, the Oregon Department of Corrections, and children and families. CCCF Family Preservation Project provides the following services to families:
  - *Incarcerated Mothers:* Adult Education, Parent Education, Interactive Literacy Activities, Comprehensive Transition Support/Planning, Parent-Teacher Conferences by Phone, Increased Opportunities to connect with children by phone/through mail, Family Conferencing, and Alumni Association
  - *Children:* High-quality pre-school placements, Comprehensive summer enrichment activities, Educational support, Referrals for mental health and academic support services, Extra-curricular enrichment activities, and Bi-monthly contact visits with their mother in a therapeutic environment
  - *Caregivers:* Bi-monthly breakfast/support group, Family conferencing, Home visits, Referrals for services, and Alumni association
- Special Child-Centered Events – Special events are provided quarterly for inmates to attend with their children (who are approved as visitors) and caregivers. One event is usually held each quarter. Examples of these events have included pumpkin painting in the fall, making gingerbread houses for the winter holiday season, spring craft night and the Through A Child's Eyes (TACE) summer event sponsored by the Wilsonville Rotary Club.
- Baby Bonding Program – This program allows inmates who have recently given birth (many who have delivered their babies while in custody) the opportunity for extra visitation with their newborns in order to develop the mother-child bond in preparation for the mother's release.

### **Lifeskills Programs/Other Activities**

- Crafts – Inmates participate in self-directed craft activities (jewelry making, crocheting, needlepoint, drawing, card making, etc.)

- YOGA – Physical fitness and stress reduction program offered through Living Yoga.
- Quilting – Quilt-making program with skill building in math, sewing, measuring, tool use, cooperation, team building, and patience. Inmates make three quilts, two for charity and one for personal use.
- Between the Lines – A program sponsored by the Junior League of Portland where inmates are audio-recorded while reading a book to their children; the recording and the book are mailed to the children.
- Photo Program – Inmates employed in the program learn photography and digital computer skills. For general population, this program provides an opportunity for inmates to have their photos taken at scheduled times with tickets purchased from Canteen. This provides a means of keeping in touch with their families and loved ones.
- Non-Violent Communication – Program which emphasizes skill building in peaceful problem-solving and communication methods.
- Life Trac – Female inmates speak with at-risk adult females about thinking errors and what it is like to be incarcerated.
- Recreation Programs – Inmates meeting the requirements may sign up for recreation activities such as power walking and aerobics.
- Toastmasters – Inmates participate in the CCCF Toastmasters group learning better communication strategies including listening, speaking and developing presentations.
- CCCF Puppy Program – Female inmates are instructed by a Canine Companions for Independence (CCI) trainer on how to train puppies. The inmates train the puppies at CCCF and then CCI places the puppies with disabled individuals who need assistance and companionship. The program at Coffee Creek is the 2<sup>nd</sup> step in a multi-step training program.
- Food Handler's Course – Offered to food service workers who wish to obtain their food handler's card.
- Community Service Programs – Inmates make or donate items to outside organizations.
  - Inmates crochet bears and donate to Camp UKANDU, a summer camp for children with cancer.
  - Inmates crochet bears and blankets for Portland Fire & Rescue Mission.
  - Inmates in treatment crochet blankets, hats and booties for Salud Medical Center in Woodburn.
  - Inmates in Special Management Unit crochet blankets and donate to the LINUS Project.
  - Inmates donate shoes that are in good condition to New Avenues, an organization that helps homeless youth.

## **Religious Services**

\*\* Designates mentoring programs in addition to their service or activity provided.

- ASATRU (Monthly)(Minimum & Medium)
- Baptist Service (Wkly) (Medium)
- Buddhist Service (Weekly)(Minimum & Medium)
- Catholic Service (Weekly)(Minimum & Medium)
- City Bible Church Service (3x Per Month)(Medium)\*\*
- East Hill Foursquare (Weekly)(Medium & Minimum)\*\*
- Episcopalian Service (Wkly) (Minimum)
- First Things First (2-3x Per Month) (Minimum)
- Grace Community Assembly of God (Monthly)(Minimum)

- Horizon Community Church (Monthly)(Minimum)
- Islamic Service (Weekly)(Medium & Minimum)
- Jehovah Witness Service (Weekly)(Minimum & Medium)
- Jewish Class (Bi-Monthly) (Minimum & Medium)
- Latter Day Saints (LDS) (Weekly)( Minimum & Medium)
- Native American Smudge (2-3x Per Month)(Minimum & Medium)
- Native American Sweat (As Scheduled) (Minimum & Medium)
- Native American Talking Circle (As Scheduled)(Minimum & Medium)
- New Thought Ministries (Weekly)(Minimum & Medium)\*\*
- Oregon Women’s Prison Ministry (Weekly) (Minimum & Medium)
- Pastor Jose, Spanish service (Monthly) (Medium)
- Powerhouse Temple (1x Per Month) (Minimum)
- Servants of Grace (2x Per Month & 5<sup>th</sup> Sunday) (Minimum)
- Seventh Day Adventist (Weekly) (Minimum & Medium)
- Timberline Baptist Service (Weekly)(Medium)
- Vedanta (Hinduism) (Weekly)(Medium)
- WICCA Service (Weekly)(Minimum & Medium)
- Women’s Aglow (Weekly)(Medium)

### **Religious Activities**

\*\* Designates mentoring programs in addition to their service or activity provided.

- AGLOW (“Women’s Aglow”) (Weekly)(Medium)
- ARMS (Abuse Recovery Ministries Service) (Wkly when scheduled) (Minimum & Medium)
- Art of Living (Twice each month) (Medium)
- Baptist Bible Study (Weekly)(Medium)
- Christian Women’s Discipleship (Wkly) (Minimum)
- Chaplain Bible Study (Weekly) (Minimum & Medium)
- East Hill Bible Study (Wkly) (Minimum & Medium)
- FITS (Freedom In The Son Ministries) (Weekly)(Minimum & Medium)\*\*
- Grace Chapel Discipleship (Wkly) (Medium)
- Grief & Loss Class (Wkly when scheduled) (Minimum& Medium)
- Insight: Victim/Offender Education (Weekly) (Medium)
- Intentional Spiritual Community for Lifers (Monthly)(Medium)
- Labyrinth Walk (Weekly)(Medium)
- LDS Inmate Choir (Weekly) (Medium)
- Prison Fellowship (Weekly) (Minimum & Medium)\*\*
- Prison Fellowship, TDR Class (Weekly) (Minimum & Medium)
- Qigong (Weekly) (Minimum & Medium)
- Seventh Day Adventist Study (Weekly)(Medium)
- Sufi Circle (Wkly) (Medium)

### **Religious Special Activities**

- Gospel Echoes Christmas Care packages (Minimum & Medium)
- LDS Choir (3x Per Year)(Medium)
- Native American Special Events (As Scheduled)(Minimum & Medium)
- Rolling Hills Puppet Show (Yearly)(Minimum)
- Singing Christmas Tree (Yearly)(Minimum & Medium)

- Special Concerts (Christian) (As scheduled)(Minimum & Medium)

### **Transition Programs**

- Living in Freedom Today (LIFT) – A six-month program serving women in the Alternative Incarceration Program and those who were assessed as having a high cognitive need. The LIFT program has structured 14-hour days that require programming, physical work, exercise, and service to the community. Participants live in designated housing units for about six months and participate in programs that stress personal responsibility and accountability. Its goal is to assist individuals in examining their thought processes and help them discover how errors in their thinking may lead them to act in an asocial, antisocial, or criminal manner. After a process of assessment, the program extensively addresses pro-social skill development and provides opportunity to practice these skills through the use of activities, surveys, discussion, role-plays, homework, and lecture. Additionally, the use of *Interactive Journaling*® is an integral component of the program, as well as one-on-one case management in assisting participants with transition back to the community.
- African American Program – Provides culturally specific services to assist in the successful transition of African Americans from CCCF to the community. This program is administered through the Multnomah County Department of Adult Community Justice and provides assistance with employment, education, vocational training, finances, affordable housing, addiction issues and family stability.
- Home for Good in Oregon (HGO) – A corrections, community, and faith-based re-entry partnership. HGO is a statewide network of community and faith-based individuals and organizations committed to building strong communities for the successful reintegration of offenders. HGO has created a model re-entry program that is structured on three organizational and programmatic building blocks: transition focused prison chapel programs, volunteer community chaplains, and local and statewide community-based organizational structure. In each of these three blocks there are opportunities for volunteers to help reduce Oregon's rate of recidivism and make Oregon's communities both safer and more compassionate.
- Portland Partners Re-Entry Initiative (PPRI) – PPRI is a partnership among SE Works, Volunteers of America, Central City Concern, Better People, WICS, the YWCA, and the ODOC whose mission is to help people successfully re-enter the Portland community after incarceration by increasing their access to employment, education and support services. Program goals include: to build customized plans to support the re-entry process; to assist in increasing job skills and knowledge; to connect job seekers to living wage jobs with benefits; to assist with retention and develop long-term career paths; and to reduce recidivism in Oregon.